

July 15 - 22, 2019

Summer Meeting at Singhofen (Germany)

with

*Margit Martinu, Stefan Maier, Coen van Hoboken,
Susann Arbogast, Richard Clemens
and the Singhofen workgroup*

Why are we here?

We will share a space together in which we can face this fundamental question which unifies all mankind.

In our fast daily routine and the way we have arranged our lives we usually cannot find answers to this question any more. We let ourselves be distracted by the increasing complexity of our daily life and cannot find any meaning in dealing with it.

How can we regain the responsibility for our lives?

The technique of self-observation can serve to uncover our status quo and to make an evaluation of our situation. Different methods of studying our life can open our vision so that we can recognize how we arrived to our present condition.

Practicing directing of attention intentionally and relaxing our bodies are just two examples of the basic skills which are necessary to see our status quo, to perceive ourselves differently and to finally discover "why-we-are-here."

During our gathering we will work in different practical areas: Gurdjieff Movements, music, Inner Body Perception, cooking, gardening, maintenance and other manual and craft activities. We will meet for group work, sharing of experiences, readings and talks.

*He who has gotten rid of the disease of "tomorrow"
has a chance of achieving what he is here for.*

(G.I. Gurdjieff)

Organization and contact:

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Schedule:

Beginning on Monday 15th July at 6 pm and ending on Monday 22nd July at noon.